

## BAKERS' ACRES, INC.

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## HERBS, NATURE'S MIRACLE PLANTS RETAIL LIST

### ANNUAL HERBS

Basil (*Ocimum basilicum*) Varieties: Ararat, Aroma 2, Christmas, Cinnamon, Lemon Sweet Dani, Magical Michael, Mammouth, Minette, Napoletan, Oriental Breeze, Red Osmin, Pistou, Spice Bush, Siam Queen, Sweet Italian - excellent for cooking especially in the popular pesto. Medicine. Perfume and ornamental uses.  
Borage (*Borago officinalis*) - leaves in salad, candied blossoms, cucumber flavor.  
Bull's Beet (*Beta vulgaris*) - deep burgundy leaves for salad, also produces a striking root.  
Chamomile, German (*Matricaria recutita*) - dry blossoms for tea. Excellent for potpourris and for drying.  
Chervil (*Anthriscus cerefolium*) - salads, soups, fish, egg and meat dishes. Medicine.  
Cilantro (*Coriandrum sativum*) - slow bolting. Use leaves for cooking.  
Coriander (*Coriandrum sativum*) - seeds in bread, pickles, curries.  
Dill (*Anethum graveolens*) - seeds and weed in pickles, soup, salad, etc.  
Lemon Monarda (*Monarda citriodora*) - lemon scented leaves, flowers attract bees, Indians used oil to treat wounds.  
Marjoram, Sweet (*Origanum majorana*) - with vegetables, turkey, pork. Medicine. Perfume.  
Nasturtium (*Tropaeolum majus*) Varieties: Dwarf Jewel Mix, Alaska - delicious mustard flavor to flowers & leaves.  
Saltwort - (*Salsola komarovii*) Japanese cooking herb, long leaf, crunchy texture, use as salad addition rich in vitamins and nutrients.  
Savory, Summer (*Satureja hortensis*) - salads, stews, meats, vegetables, herb butters, vinegars, etc.  
Sweet Annie (*Artemisia annua*) - green artemisia, very sweet smell, excellent for drying.

### BIENNIAL HERBS

Angelica (*Angelica archangelica*) - culinary, used in tea, fragrances.  
Caraway (*Carum carvi*) - seeds in breads, cabbage dishes, cheese, soups.  
Fennel (*Foeniculum vulgare*) - seeds in soups, fish, pork and apple dishes.  
Fennel, Bronze (*Foeniculum*) - decorative bronze foliage.  
Parsley, Italian & Curly (*Petroselinum hortense*) - many culinary uses.

### PERENNIAL HERBS

Burnet (*Poterium sanguisorba*) - salads, soups, has cucumber flavor.  
Catmint (*Nepeta mussinii*) - decorative, cats love it.  
Catnip (*Nepeta cataria*) - soothing tea, happy cat herb.  
Chamomile, Roman (*Chamaemelum nobile*) - ground cover, flowers for tea.  
Chives (*Allium schoenoprasum*) - onion flavor, used in cooking.  
Chives, Garlic (*Allium tuberosum*) - mild onion garlic flavor.  
Cicely, Sweet (*Myrrhis odorata*) - has anise scent, leaves are very sweet.  
Comfrey (*Symphytum officinale*) - leaves in salad, poultices.  
Costmary (*Chrysanthemum balsamita*) - soups, poultry dishes, sachets.  
Dyer's Broom (*Genista tinctoria*) - a yellow dye plant.  
Feverfew (*Chrysanthemum parthenium*), Varieties: Snow Ball (single daisy), White Star (dwarf, double flower) - used as insect repellent.  
Garlic (*Allium sativum*) - used in tomato dishes, dressings, dips, pesto.  
Germander (*Teucrium chamaedrys*) - ornamental. Old remedy for gout.  
Germander Wood Sage (*Teucrium scorodonia*) - dwarf shrub 12"-18" tall. Pale yellow flower spikes, does well in shade.  
Hops (*Humulus lupulus*) - Flavoring for beer. Important medicinally for its calming effect.

## **PERENNIAL HERBS,cont.**

Horehound, Black (*Balota nigra*) - nonedible decorative plant in an herb garden.  
Horehound (*Marrubium vulgare*) - used as flavoring for candy and cough medicine.  
Horseradish (*Armoracia rusticana*) - grind root for condiment with meat.  
Hyssop (*Hyssopus officinalis*) - aromatic oils, decorative, teas.  
Japanese Water Celery (*Oenanthe fistulosa* 'Flamingo') – leafy vegetable that bears small white flowers above celery-like foliage. An edible leaf often served with rice.  
Lady's Bedstraw (*Galium verum*) - good ground cover. Dye plant, flowers yellow, roots red.  
Lamb's-Ears (*Stachys byzantina*) - ornamental, ground cover.  
Lavender 'Munstead' (*Lavandula angustifolia*) - 18" to 24" high, dried flowers in potpourri, sachets, aromatic.  
Lavender 'Hidcote' (*Lavandula angustifolia*) - flowers darker in color than Munstead.  
Lavender 'Lavance' (*Lavandula angustifolia*) – compact, dwarf, wonderful fragrance. Purple flowers.  
Lavender 'Silver Edge' (*Lavandula angustifolia*) – variegated foliage with blue green centers. Violet-blue flowers.  
Lavender 'Grosso' (*Lavandula x intermedia*) – extremely fragrant deep violet flowers most of the summer.  
Lemon Balm (*Melissa officinalis*) - tea, in fruit cups, potpourris.  
Lemon Balm, Variegata (*Melissa officinalis variegata*) - tea, potpourris.  
Lime Balm (*Melissa officinalis*) - lime scent, tea, potpourris.  
Lovage (*Levisticum officinale*) - celery flavor, good salt substitute.  
Madder (*Rubia tinctorum*) - roots produce rose to violet dye.  
Mints (*Mentha*) - very invasive. Used in cooking and teas. Varieties: Apple, Black Peppermint, Candy, Chocolate, Curly, Doublemint, Egyptian, Ginger, Grapefruit, Lavender mint, Lime, Longifolia, Narrow Mountain Mint, Short tooth Mountain Mint, Orange, Peppermint, Pineapple, Spearmint, The Best  
Oregano (*Origanum vulgare*), Varieties: Greek, Italian - used in Italian dishes.  
Oregano 'Aureum' (*Origanum vulgare*) - Golden oregano - great ground cover.  
Oregano 'Kent Beauty' (*Origanum rotundifolium*) – ornamental. Clusters of attractive hops like bracts.  
Oregano 'Amethyst Falls' – ornamental, clusters of hops like flowers. Has a spicy scent.  
Rue 'Blue Beauty' (*Ruta graveolens*) - very decorative.  
Sage (*Salvia officinalis*), Varieties: Berggarten, Green, Purple, Tri-colored, Variegated - good flavor to accompany poultry.  
Sage, Dwarf (*Salvia officinalis compacta*) - neat compact plants.  
Santolina (*Santolina Chamaecyparissus*), Varieties: Golden, Green, Grey, Morning Mist - ornamental, used in sachets.  
Savory, Winter (*Satureja montana*) - salads, soups, stews, meats.  
Sorrel, French (*Rumex scutatus*) - salads, soups.  
Southernwood (*Artemisia abrotanum*) - fragrant, ornamental.  
Southernwood, Lemon (*Artemisia abrotanum*) - fragrant, ornamental.  
Southernwood, Tangerine (*Artemisia abrotanum*) - landscape herb, tangerine scent.  
Strawberry, Alpine (*Fragaria vesca*) - nice edging plant with edible fruit.  
Sweet Woodruff (*Asperula odorata*) - ground cover, May wine, sachets.  
Tansy (*Tanacetum vulgare*) - ornamental, dye, repels ants and flies.  
Tansy, Fern Leaf (*Tanacetum vulgare crispum*) - foliage is fernlike.  
Tarragon, French (*Artemisia dracunculus*) - in vinegars, with fish, meats.  
Thyme (*Thymus*), Varieties: English, Golden Lemon, Lemon, Porlock, Silver Edge - culinary uses.  
Thyme (*Thymus*), Varieties: Coconut, Pink Creeping, Lemon Creeping, Red Creeping, Ruby Glow, Wedgewood, White Creeping, Woolly - ornamental uses.  
St. John's Wort (*Hypericum perforatum*) - used in medicine.  
Violet 'Queen Charlotte' (*Viola odorata*), -deep blue flowers, ornamental, fragrant.  
Violet (*Viola labradonica*) – ornamental.  
Violet 'Freckles' (*Viola striata*) - white with blue spots  
Viola 'Yellow Charm' (*Viola cornuta*), - yellow compact plant, edible flowers.  
Viola 'Johnny Jump-Up' (*Viola cornuta*)- small tricolor edible flowers.  
Watercress (*Nasturtium officinale*) - salads, stimulates appetite.  
Wormwood (*Artemisia absinthium*) - decorative, repels flies.  
Yarrow, Mace (*Achillea decolorans*) -white spicy scented flowers that dry well. Leaves can be chopped finely and used on potatoes or in stews and soups.

## **TENDER PERENNIAL HERBS**

- Aloe (*Aloe vera*) - tender, juice as ointment for burns, scrapes, and bites.
- Anise Hyssop (*Agastache foeniculum*) - good bee plant, flower used for tea or seasonings.
- Bay (*Laurus nobilis*) - the bay leaf is popular for stews and keeps insects out of grains.
- Cardamom (*Elettaria cardamomum*) – an attractive houseplant that will flourish with low light.
- Curry Plant (*Helichrysum angustifolium*) - ornamental and fragrant yellow flowers.
- Curry Dwarf (*Helichrysum angustifolium nana*) - ornamental and fragrant yellow flowers.
- Eucalyptus (*Eucalyptus globulus*) - tender, decorative, medicinal.
- Geraniums, Scented (*Pelargonium*) - tender, leaves in sachets, teas.
- Varieties: Almond, Apple, Apricot, Attar of Rose, Beauty, Chocolate Mint, Cinnamon, Citrosa (mosquito repellent), Clorinda, Fair Ellen, French Lace, Giant Leaf Rose, Ginger, Gooseberry, Green Lime, Lemon, Lemon Rose, Little Gem, Mabel Grey, Old Spice, Orange, Peach, Peppermint, Pine, Red Flowering Rose, Rodgers, Rose, Rosea, Silver Rose, Snowflake Rose, Strawberry
- German Healing Onion (*Ornithogalum caudatum*) – crushed leaves are sometimes tied over cuts and bruises and said to have healing effects similar to aloe vera.
- Heliotrope, Blue Marine (*Heliotropium arborescens*) - rich violet colored flower with a good smell.
- Heliotrope, White (*Heliotropium arborescens*) – very fragrant white flowers. Great ornamental.
- Jerusalem Sage (*Phlomis fruticosa*) - good perennial, yellow flowers, not for cooking.
- Lavender, Boysenberry Ruffles (*Lavandula stoechas*) – White petals with pink veins. Buds are packed with tiny pale purple florets with orange eyes.
- Lavender, French (*Lavandula dentata*) - fringed leaves, blue flower.
- Lavender, 'Goodwin Creek' (*Lavandula angustifolia*) - compact feathery, silver gray, richly fragrant foliage. Deep blue spikes.
- Lemon Verbena (*Aloysia triphylla*) - tender, aromatic, for teas, potpourri.
- Lemon Grass (*Cymbopogon citratus*) - culinary herb, grown in Florida for essential oil of lemon..
- Licorice Plant 'Minus' (*Helichrysum petiolatum*) - very dwarf licorice.
- Mexican Oregano (*Poliomintha longiflora*) – dense clusters of showy pink long tubular flowers. Used in flavoring.
- Myrtle, Dwarf (*Myrtus communis 'Microphylla'*) - attractive shrub, white flowers.
- Myrtle, Dwarf Variegated (*Myrtus communis 'Variegata'*) - same as above with variegated leaves.
- Passion-Flower (*Passiflora incarnata*) - vining plant with an attractive flower.
- Patchouli (*Pogostemon cablin*) - scent for potpourri, from India.
- Red Perilla (*Perilla frutescens*) - very decorative in the garden, a good accent plant.
- Rosemary (*Rosmarinus officinalis*) - tender, use with lamb, pork, chicken, vegetables.
- Varieties: Arp, Dutch Hill, Foresterii, Ingram, Irene, Madaline Hill, Miss Jessopp's, Pinkie, Prostratus, Salem, Spice Island, Tuscan Blue.
- Sage, Honeydew (*Salvia elegans*) - wonderful smell for the scented garden.
- Sage, Mexican Bush (*Salvia leucantha*) - beautiful purple flowers attract hummingbirds.
- Sage, Pineapple (*Salvia elegans*) - leaves and flowers are pineapple scented. Use for tea or fruit salad.
- Salvia (*Salvia discolor*) - gray foliage with dark blue flowers.
- Salvia 'Rosea' (*Salvia greggii*) – rose-colored flowers.
- Society Garlic (*Tulbaghia violacea*) - good border plant, used in salads and soups.
- Society Garlic Variegated (*Tulbaghia violacea, variegata*) - very attractive.
- Sweet Leaf (*Stevia rebaudiana*) - edible leaves that are many times sweeter than sugar. Grows fast in hot weather. Small white flowers.
- Tree Germander (*Teucrium fruticans*)- 4' plant with silver leaves, attractive, ornamental.
- Vicks Plant (*Plectranthus purpuratus*) - medicinally scented plant with succulent leaves.
- Vietnamese Mint (*Polygonum odoratum*) - cilantro flavor used in oriental cooking.
- Vitex Chaste Tree (*Agnus – Castus*) – Shrublike plant, fragrant purple/white flowers all summer, has a range of herbal uses.
- White Sage (*Salvia apiana*) – very aromatic. Native American incense herb.